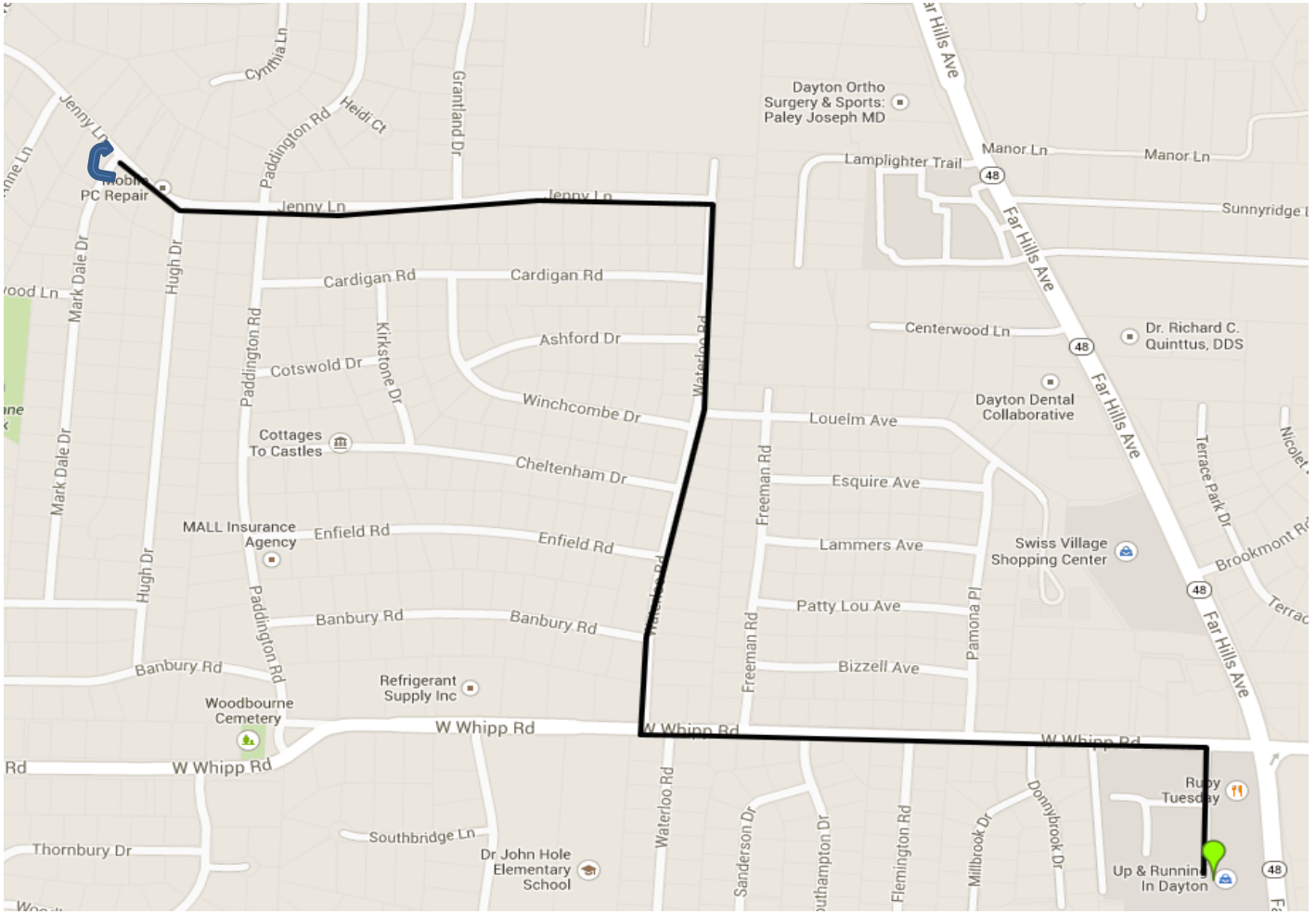


Up and Running Dayton 2.50 mile route



Start Point:

Up and Running Dayton
6123 Far Hills Ave
Dayton, OH 45459
937-432-9210

Run Directions:

- From UAR head toward Whipp Rd. (North)
- LEFT on to Whipp Rd.
- Cross Whipp Rd at stoplight, (RIGHT) on to Waterloo Rd.
- (LEFT) on to Jenny Ln
- @ Mark Dale Drive – TURN around